

# Checklist for Bunion Surgery

<b>BEFORE SURGERY</b>	<b>1 Week to Six Months</b>	<b>1 Week to 30 Days</b>	<b>2 to 14 Days</b>	<b>1 to 5 Days</b>	<b>8 Hours</b>	<b>4 Hours</b>
	EKG	History & Physical	Blood and Lab Work	Consent Visit With Dr Moy and Dr Lee	<b>NO Food</b> (Clear Liquid ok)	<b>NO More Liquids</b>
Date when completed						
		Medical Clearance				
<b>AFTER SURGERY</b>	<b>First 24 Hours</b>	<b>2nd, 3rd &amp; 4th Day</b>	<b>1st Post Op (3rd or 4th Day)</b>	<b>10-14 Days</b>	<b>4 Weeks</b>	<b>6 Weeks</b>
	Ice 20 Min/Hour	Ice 20 Min/Hour	Walking Boot	Suture Removal	X-Ray	X-Ray
	Elevate	Elevate	X-Ray		Cast for Orthotics	
	Cut Bandage at Purple Line	Only Walk 5-10 min/hour	Begin Toe Exercises	Increase walking in boot. (See instructions)		

For more information, please refer to your pre-operative order sheet or post-operative order sheet.